Below you will find a set of resources in Hawaii that can help you get connected to tangible supports:

**Food Assistance**
Hawaii Food Bank
http://www.hawaiifoodbank.org/covid-19
800-836-3600

Supplemental Nutritional Assistance Program (SNAP)
https://humanservices.hawaii.gov/bessd/snap/
855-643-1643

Women, Infant, and Children (WIC)
https://health.hawaii.gov/wic/
(808) 622-6458

**Financial Resources**
Apply for Unemployment
https://labor.hawaii.gov/ui/

Temporary Assistance for Needy Families (TANF)
https://humanservices.hawaii.gov/bessd/tanf/

Apply for Public Assistance
https://humanservices.hawaii.gov/

**Interpersonal Violence**
National Domestic Violence Hotline
1-800-799-7233 or 1-800-799-SAFE

HI Domestic Violence Action Center
https://domesticviolenceactioncenter.org/

**Housing**
Office of Housing & Community Development
https://www.hawaiicounty.gov/departments/office-of-housing
808-961-8379

**Utilities and Mobile Phone Resources**
Low-Income Home Energy Assistance Program (LIHEAP)

Dept of Consumer Affairs - Consumer Advocacy – Public Utilities
https://cca.hawaii.gov/dca/telecommunications/lifeline/
Check your provider’s website for more information.

**Childcare**
National database of resources in local communities
https://www.childcareaware.org/resources/ccrr-search-form/

School-age programs at local YMCAs & YWCAs
Find your YMCA and Find Your YWCA

PATCH Hawaii
https://www.patchhawaii.org/find-child-care/

**Other Resources**
How to apply for coverage
www.kp.org/medicaid/hi
https://continuecoverage.kaiserpermanente.org/losing-job-coverage/

State of Hawaii, Department of Health Updates

Mental Health
https://findyourwords.org/

Hawaii 211
https://www.auw211.org/
Phone: Dial 211

American Job Centers
https://www.dol.gov/general/topic/training/onestop